

Resiliency Training for Rehabilitation Professionals

Sponsored by: The Center on Disability and Employment
The University of Tennessee, Knoxville

Who: Lee Ann R. Rawlins (formerly Lee Ann Grubbs)
What: 6-Week Training Course
When: Monday, January 25th, 2010
Where: Online (Interactive online course)
How Much: \$120.00 (\$20 per week / \$4 per day)
*****Receive 10 hours of CRC Credit*****



Everyone needs resilience, as life is full of adversity both personally and professionally. This training explores the keys to finding strength in time of crisis, and suggests ways that you as an individual can strengthen your *personal resilience* to circumvent stress and burnout.

For information concerning this training event, or to register please contact the center directly (865) 974-9400, or feel free to email Lee Ann Rawlins at trawlin1@utk.edu for further details.